

DOMESTIC TRAVEL GUIDELINES:

All domestic travel outside of Massachusetts that is greater than 24 hours requires you to follow the [Massachusetts Travel Advisory](#).

In our effort to keep our school communities as low risk as possible, the Public Schools of Northborough and Southborough require these guidelines be met when returning to school after domestic travel outside of Massachusetts.

DOMESTIC TRAVEL	THE FOLLOWING CRITERIA MUST BE MET TO RETURN TO SCHOOL
<p>If your domestic travel outside of Massachusetts includes any of the following higher risk situations:</p> <ul style="list-style-type: none">● Travel by plane, bus, train● Travel by car with individuals from outside your household.● Travel to amusement parks or other densely populated venues.● Travel that includes unmasked activities with people from outside of your household	<ul style="list-style-type: none">● Proof of student*/staff negative PCR test (this test must be done after leaving MA and up to 72 hours prior to or any time after your return to MA)● You must quarantine until you have the negative test result.● If no test, quarantine for 10 days, return to school on Day 11

*all students regardless of age

PLEASE NOTE:

- If you have tested positive for COVID-19 in the past 90 days, you do NOT need to test and you do NOT need to quarantine.
- If you are fully vaccinated (2 weeks after the last dose of vaccine series) you do NOT need to test or quarantine.
- If you are vaccinated and have symptoms of COVID-19, you must continue to follow testing and quarantine requirements.
- Studies show that the efficacy of the J&J vaccine is higher at 28 days post-vaccination.
- No vaccine is 100% effective, protective measures should still be taken seriously even after you are fully vaccinated.

Travelers are encouraged to consult and follow the CDC's guidelines and requirements for travel:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

INTERNATIONAL TRAVEL GUIDELINES:

All international travel requires you to follow the [Massachusetts Travel Advisory](#).

In our effort to keep our school communities as low risk as possible, the Public Schools of Northborough and Southborough require these guidelines be met when returning to school after international travel.

INTERNATIONAL TRAVEL	THE FOLLOWING CRITERIA MUST BE MET TO RETURN TO SCHOOL
<p>If your international travel includes any of the following higher risk situations:</p> <ul style="list-style-type: none">● Travel by plane, bus, train● Travel by car with individuals from outside your household.● Travel to amusement parks or other densely populated venues.● Travel that includes unmasked activities with people from outside of your household	<ul style="list-style-type: none">● Quarantine for 7 days upon arrival to MA with proof of student*/staff negative PCR test on or after Day 5 (Day 0 is date of arrival in MA)● Return to school on Day 8 after return to MA● If no test, quarantine for 10 days, return to school on Day 11

*all students regardless of age

PLEASE NOTE:

- These requirements must be met even if you are fully vaccinated.
- If you have tested positive for COVID-19 in the past 90 days, you do NOT need to test and you do NOT need to quarantine.
- No vaccine is 100% effective, protective measures should still be taken seriously even after you are fully vaccinated.

Travelers are encouraged to consult and follow the CDC's guidelines and requirements for travel:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

CDC's [COVID-19 Travel Recommendations by Destination](#)